

ERIKA WOJDYLAK, OTRL



Master of Science
Degree in Occupational
Therapy, Baker College
for Graduate Studies,
2017

Bachelor of Health
Science in Occupational
Therapy, Baker College,
2009

Member of:

- Michigan Occupational
Therapy Association

Specialties & Interests:

- Injuries & conditions of
the upper extremities
- Neurological & stroke
rehabilitation

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Erika Wojdylak's interest in occupational therapy started when her father was diagnosed with brain cancer in 2008. She witnessed the caring and compassion the occupational therapist had for her father and watched as he was able to gain back some independence in his home life. In honor of her father and as a way to give back to the community, Erika decided to go into occupational therapy as a career.

Erika has a Master of Health Science degree in Occupational Therapy from Baker College for Graduate Studies. She is a member of the Michigan Occupational Therapy Association, and her future goal is to attend continuing education in upper extremity rehabilitation, orthotic fabrication, stroke rehabilitation and joint replacement. During her fieldwork rotations, she worked for a neuro care center where she was able to work with traumatic brain injury (TBI) patients. One her most memorable patients is a patient who suffered from a TBI and had multiple fractures to her upper extremities. The patient's prognosis wasn't good, and Erika knew this case was going to be tough. Her plan of care was to not only rehabilitate the patient's biomechanical injuries but also her cognitive function. After three months of hard work, the patient was able to recover and walk out of the facility with help of just a walker.

In her spare time, Erika enjoys getting together with friends and family for meals. "I love cooking for people," says Erika. To stay active and healthy, she practices yoga, circuit trains and lifts weights.

Erika is an occupational therapist out of Advanced Hand Rehab's Davison location. She is an excellent therapist for sports injuries relating to the upper extremities. She understands, firsthand, what the athletes go through. She played softball throughout grade school and into college, as well as for several travel teams, including the West Michigan Heat. She considers herself to be a good listener and wants her patients to feel comfortable and trust that what she is doing for them is the absolute best. "I work hard for my patients. I am in constant pursuit of growing and increasing my knowledge. I am fortunate to work in an environment where I can go to my therapist mentors. It's been a welcoming and supportive environment," said Erika.



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